

Mental Health & Wellness Resources & Links
Download and Click!

Addiction and Recovery

[Alcoholics Anonymous](#)

[Alcoholics Anonymous Recovery Resources](#)

[Center for On-Line Addiction](#)

[SAMHSA's Substance Abuse/Addiction](#)

[SAMHSA's Treatment and Recovery](#)

[Web of Addictions](#)

Anxiety Disorders

[Answers to Your Questions About Panic Disorder](#)

[National Center for PTSD](#)

[Obsessive Compulsive Information Center](#)

[Calm Clinic](#)

www.calm.com

Associations & Institutes

[American Academy of Child & Adolescent Psychiatry](#)

[American Association for Marriage and Family Therapy](#)

[American Counseling Association](#)

[American Psychiatric Association](#)

[American Psychological Association](#)

[American Psychological Society](#)

[Canadian Mental Health Association](#)

[Center for Mental Health Services](#)

[National Institute of Mental Health](#)

[National Mental Health Association](#)

[Substance Abuse and Mental Health Services Administration](#)

Attention-Deficit Hyperactivity Disorder

[ADDA - Attention Deficit Disorder Association](#)

[Attention-Deficit Hyperactivity Disorder, NIMH](#)

[Born to Explore: The Other Side of ADD/ADHD](#)

Child Abuse and Domestic Violence

[Childhelp USA®](#)

[SAMHSA's Children and Families](#)

[SAMHSA's Protection and Advocacy](#)

[Questions and Answers about Memories of Childhood Abuse](#)

[The National Domestic Violence Hotline Website](#)

[Women, Violence and Trauma](#)

Chronic Fatigue

[Chronic Fatigue Syndrome](#)

Depression

[Bipolar Disorder News - Pendulum.org](#)

[Depression and How Therapy Can Help](#)

[Depression Screening](#)

[Depression Test, Symptoms of Depression, Signs of Depression](#)

Developmental Disorders

[Asperger's Disorder](#)

[NeuroWeb](#)

[Pervasive Developmental Disorders](#)

Dissociation and Traumatic Stress

[Sidran Foundation Home Page](#)

Eating Disorders

[American Dietetic Association](#)

[Something Fishy](#)

Journals &

Magazines

[ADHD Report](#)

[Anxiety, Stress and Coping](#)

[Autism](#)

[Childhood](#)

[Contemporary Hypnosis](#)

[Dementia](#)

[Depression and Anxiety](#)

[Dreaming](#)

[Drug and Alcohol Review](#)

[Dyslexia](#)

[Early Child Development and Care](#)

[Eating Disorders](#)

[Educational Assessment](#)

[Journal of Gambling Studies](#)

[Journal of Happiness Studies](#)

[Journal of Mental Health and Aging](#)

[Journal of Sex & Marital Therapy](#)

[Journal of Sport and Exercise Psychology](#)

[Journal of Substance Abuse Treatment](#)

[Language and Cognitive Processes](#)

[Loss, Grief & Care](#)

[Mental Retardation and Developmental Disabilities](#)

[Metaphor and Symbol](#)

[Neuropsychological Rehabilitation](#)

[Parenting](#)

[Personal Relationships](#)

[Personality and Individual Differences](#)

[Psychiatric Bulletin](#)

[Psychology of Men & Masculinity](#)

[Psychology Today](#)

[Stress and Health](#)

[Studies in Gender and Sexuality](#)

[Substance Abuse](#)

[Suicide and Life-Threatening Behavior](#)

[Trauma, Violence & Abuse](#)

Medications and Health

Supplements

[Drug Interactions, Drugs.com](#)

[Drug Interactions, DIRECT](#)

[Medical Dictionary](#)

[Medications, FDA](#)

[Medication, Internet Mental Health](#)

[Medications, PDR](#)

[Medline, Comparison](#)

[Multivitamins](#)

[SAMHSA's Psychiatry and Psychology](#)

Mental Health Care General Links

[CounsellingResource.com](#)

[Internet Mental Health](#)

[Let's Talk Facts, APA](#)

[Mental Health Counselor Resources, About.com](#)

[Mental Help Net](#)

[Mental Illnesses/Disorders](#)

[PsychCentral.com](#)

[University of Michigan Health Topics A to Z](#)

[Web Sites You Can Trust, Medical Library Association](#)

Personality Disorders

[Mental Help Net - Personality Disorders](#)

[Personality Disorders - Focus Adolescent Counselor Services](#)

Suicide Awareness and Hotlines

[SAMHSA's Suicide](#)

[Suicide Awareness Voices of Education](#)

[Suicide: Read This First](#)

Additional Mental Health Care & Counseling Resources

[Disaster/Trauma](#)

[HIV/AIDS](#)

[Interpretation of Dreams](#)

[Keirsey \(Myers-Briggs\) Temperament Sorter](#)

[Signs of Menopause, Symptoms of Menopause](#)